



**The School Committee's Health and Wellness Committee
invites you to**

Cottage Meetings for HMS Parents

Small get togethers where parents discuss common issues (cyberbullying, stress, social pressures, etc.) to improve communication and create proactive strategies to parent your children as they approach middle school

- Facilitated by Courtney Canario, MSW, LICSW, Student Assistance Counselor at BMS and staff and members of The BAY Team, Barrington's Adult Youth Team
- Watch a video describing Cottage Meetings with parent testimonial at www.thebayteam.org
- Classes are grouped below, but please feel free to attend any upcoming meeting

Meetings will be held at the Bay Spring Community Center 170 Narragansett Avenue
(parking available at Atria Bay Spring Village, 147 Bay Spring Avenue)

Tue 10/19	7:30-9pm	T. Couto, C. Couto, Reynolds
Tue 11/16	7:30-9pm	Burrows, Clegg, Sangiuliano
Mon 1/10	7:30-9pm	Carroll, D'Agostino, Williams
Tue 2/8	7:30-9pm	Colangelo, Maclure, Lefcourt
Mon 3/14	7:30-9pm	Bailey, Burke, Messoro
Tue 4/12	7:30-9pm	Farley, Simmons
Mon 5/9	7:30-9pm	Ginalski, Tedino/Hopper
Mon 5/24	7:30-9pm	Gluek, Tibbetts
Mon 6/6	7:30-9pm	Waring, Theroux

The classroom with the most parent attendees will receive a fun classroom wellness activity!

Call 247-1900 ext. 316
with questions or to RSVP



The Barrington Adult Youth Team
Against Alcohol and Drug Abuse